Updated 7 November 2026

Acceptable Use

BRINGSMS is for legitimate, privacy-preserving verification. This Policy lists what you may not do with it. Breaking it can cost you your order, your balance, and your account.

The spirit of it

Use numbers to protect your own privacy and to verify accounts you are entitled to open. You must be 18 or older and keep your use lawful. Do not use the service to harm others or to break the law.

Numbers are for incoming SMS only

The numbers receive verification SMS and nothing else. They cannot send messages, make or receive calls, or carry voice, and they are not yours to keep — they are drawn from a shared pool and may be reassigned after their window.

Prohibited uses

- Impersonating another person or a business, especially on financial or government services.
- Fraud, phishing, scams, or money laundering.
- Evading a ban, sanction, age limit, or other restriction.
- Spam or bulk unsolicited messaging.
- Harassing, threatening, or stalking anyone.
- Anything involving minors.
- Any activity that is illegal where you are or where the service operates.

Platform abuse

- Driving the API or site beyond the documented limits.
- Scraping, probing, or trying to defeat our anti-fraud measures.
- Automating the service with unauthorised third-party scripts.
- Reselling numbers or access without written permission.
- Sharing one account, or opening several, to dodge limits.

Third-party rules

The service you verify has its own terms. Using our numbers does not exempt you from them, and we are not responsible for how you use an account you create or for a service restricting it.

Reporting

If a number is being used to target you, contact support with the details and we will act.

Consequences

Breaking this Policy can mean a cancelled order, a suspended or closed account, forfeiture of balance gained through abuse, and referral to the authorities where required.

Contact

For questions about this Policy or to report abuse, email support@bringsms.com or use our live support chat.